

March 2014

Volume 1, Issue 7



Connecticut Chapter, Employee Assistance Professionals Association (EAPA)



Message from the President

*Hope for the best, prepare for the worst and take what comes.
(Anonymous)*

That was unfortunately what we did in February. John Mancini had spent a great deal of time preparing for our presentation last month. He had even worked with Gaylord's IT department to assure we would not experience technical problems. He was there before 8:00 AM to set up for 10:00. Well, we took what came. A technical malfunction.

Most of us networked and enjoyed each other's company while John and the geek squad tried to get him back on line. Unfortunately, due to the problem, he was only able to present for 15 minutes. That however was enough to intrigue us about the treatment of sexual addiction, and he has agreed to try again in April. Thank you John!
Humor is the topic for March. John certainly displayed his good humor, and we are grateful.

Continued on page 3

Contents

From the President	1
Speaker Schedule	2
Minutes	2
Bulletin Board	4

NEXT MEETING

March 20, 2014

8:30 – 11:00

Gaylord Hospital

Wallingford, CT

**Topic: Laughter, the new
bottom line**

**Speaker: Trevor Smith,
B.A. M.A. M.Ed, CLL**

Welcome to the CT EAPA Newsletter!

Please feel free to contact me if you would like to post information of interest to our membership and friends of the Chapter. This may include job openings, trainings, brief announcements, etc.

Thanks and hope you join us at a meeting!

- Bud Wassell, CEAP, Membership Chair, 203-688-2280 or bud.wassell@ynhh.org



Raeleen Mautner, Ph.D. our January speaker talking to Deb Johnson, CT EAPA member.

Speaker Schedule:

3/20/14 - **Laughter, the new bottom line in the workplace, presented by Trevor Smith**

4/17/14 - **Treatment of Sexual Addictions presented by John Mancini, LPC**

5/15/14 - **Webinar from the 2103 EAPA International Conference**

6/19/14 – **Annual Conference**

Let us know if you have suggestions for future programs!



PLEASE NOTE: If the Wallingford Schools are closed then our CT Chapter meeting is cancelled. We WILL meet if there is a delay.

Our CT Chapter meetings are held on the 3rd Thursday of the month, 8:30 – 11:00am at Gaylord Hospital, Chauncey Conference Center

Chapter Officers

President: Rebecca Harris, MS, LPC, CEAP

Rharris@solution-eap.com

Vice President: Orlene Allen

Gallops, MA, CEAP

Orlene1@comcast.net

Treasurer: John Pacheco, LCSW

Jpacheco@personalgrowthconcepts.com

Secretary: Bud Wassell, MS, LPC,

CEAP

Bud.wassell@ynhh.org

Labor Representative: Brian

LeBlanc, BA, CEAP, LAPC

briangleblanc@snet.net

Immediate Past President: Gary

Alger, LADC, CEAP

[garyalger@sbcglobal.net](mailto:garylalger@sbcglobal.net)

Minutes – February 20, 2014

Becky opened the meeting at 9:00. Introductions were made of attendees.

President's Report – Rebecca Harris explained the membership raffle; if you are a member fill out a card to enter a chance to win registration. If you bring a guest you get another chance to win. PDH certificate will be available next month. The June Conference Program Committee has been meeting to plan the event; the focus will be on bullying. We have been meeting on phone conferences. Laura Smith made a suggestion that we look at the anthropology of bullying and origins of bullying and prevalence in different cultures. Gary Alger attended a training on how to bullyproof your kids: Bullies2bullies.com. We may have a table of resources from the CT Clearinghouse. Melissa Curtis said they have an internal resource. Deb Johnson told Gary that Kyle Zimmer said we can use the union hall in Hamden. Becky or Vivien will be going to look at this hall to ensure we have enough room for vendors. She also knew a possible speaker who was the former police chief in Stratford. John Mancini suggested focus on safety and boundaries. The date is June 19, 2014.

Minutes - were discussed and approved.

Treasurer's Report: John Pacheco reported the balance is \$5970.52, we received dues of \$100 and \$225. He wrote three checks for coffee for last month, Becky Harris for her attendance at the EAPA conference, \$2324.45, an honorarium of \$100 for last month's speaker, and an anticipated expense for \$1000 for the website. His report for approved.

Website update: John Pacheco reports it is almost ready to go. A draft is completed and has gone out to the committee and executive committee, got only limited feedback. We will have a final call to review next Tuesday.



Chapter members and guests networking!

From The President - Continued from page 1

I'm glad our topic will be humor this month. I know I could use a good laugh. The weather has ceased to be amusing, and the Robins can't figure out where to nest.

Remember-*"If you don't get what you want, want what you get"*.

I hope you'll plan to join us this month and refresh yourselves for spring.

Becky Harris, MS, LPC, CEAP - Chapter President



Jeff Gorter from Crisis Care Network at last year's June Conference.



Gary Alger, Immediate Past President with Rebecca Harris, current chapter President.

Join Now! Here's how:

Log on to www.eapassn.org

Select JOIN NOW to complete an online membership application.

Download a membership application. Mail to EAPA, 4350 N. Fairfax Drive, Suite 410, Arlington, VA 22203. Or Fax to 703-522-4585

Telephone EAPA at 703-387-1000, ext. 334 to request an application.

For CT membership questions, contact Bud Wassell at bud.wassell@ynhh.org or call 203-688-2280.

Employee Assistance Professionals Association

Find us on the Web: www.eapassn.org
CT Chapter Website coming soon!

EAPA's Mission: To promote the highest standards of practice and the continuing development of employee assistance professionals, programs and services.



Bulletin Board

Per Diem Community Clinician

- Participates in DMHAS-required training related to the Early Diversion (SCYA) project.
- Is in an "on call pool" with other clinicians to respond to incoming telephone calls to the Early Diversion clinical line, after hours and weekends. Generous hourly-rate compensation for each call answered.
- Provides telephonic clinical consultation to CIT clinicians involved in the Early Diversion project.
- Provides telephonic clinical assessment of young adults, including assessment of early psychosis, distinguishing syndromes related to substance abuse, psychosis, trauma disorders, and other mental illnesses. Engages young adults into treatment; provides referrals and follow-through as appropriate.

Resumes can be submitted online at www.abhct.com or call Marlene Kurban at (860) 638-5345.

To sign up for EAPA's weekly NewsBrief's go to
www.eapassn.org

MINUTES – Continued

If you are on the committee and have feedback send to John before Tuesday. We have sections for many chapter functions. There is a section for the blog and one for links. When it is done we will send it out to the membership, please give us feedback, eg, if you know links let John know. Send to John any feedback. We will be able to update it on our own.

Membership: We have about 70 paid members; contact Bud Wassell if you have any membership questions. We welcome Thomas Ahern, Steve Blum and Mike Gallo to our

membership. Welcome to guests today: Deirdre Myers and Lori Williams. Gary can make up name tags, just let him know.

Secretary – no report.

Labor Report – Dan Boissonneault reports that he and Lenny took the CEAP test but don't know the results yet. Deb Johnson reported that the Labor lunch is in April. More details to come. Also a SAP training on 4/10 and 4/11 in Local 478 in Hamden. Approved.

Hospitality and Greeter - Thanks to Chris Garthwaite and Melissa Curtis of Rushford for providing refreshments. We need someone to volunteer for a month and also be a greeter for March. Laura Smith volunteered. Deb Johnson will help out. We order coffee from Gaylord Hospital so you only need to bring bagels, etc.

Program Committee: The June Conference Program Committee has been meeting to plan the event; the focus will be on bullying. We have been meeting on phone conferences. We have some possible speakers and need to get them confirmed. Location: We are checking out the union hall in Hamden. Need room for vendor tables.

Outreach - let Brian Leblanc know if we need to outreach to chapter members and friends.

Joys and Concerns –

Laura Smith's grandkids will be going to Peru as part of a school program and she will go visit!

Gary Alger – his 20 year old daughter has had some struggles and is doing very well lately.

John Mancini's 5 year old daughter is learning to ski and skied down the mountain.

Dan Boissonneault just heard his mother will be coming home from the hospital after cardiac rehab.

Deb Johnson reported that Brian is a perfect bone marrow match for his brother, and will be doing the procedure next month. Please keep them in their prayers.

Carlos Reinoso –legislative announcement that they will repeal Kenos and the governor may sign it.

New Business: none

Old Business: none

Announcements – John Pacheco announced that PGC has hired three new part-time counselors, they are on his website:

www.personalgrowthconcepts.com He is also doing a Retreat weekend with his sister the first weekend in May, "Staying in the Now with Soul Collage". A mailing will go out.

John Mancini - CT Men's gathering, he passed out a flyer www.comega.org in Chester CT. It is based on a Native American philosophy. John is doing a day workshop at the event.

Rushford's Glastonbury location has added acupuncture to the program available to the clients and community.

Motion to adjourn at 9:53.

Respectfully submitted,

Bud Wassell, CEAP, Chapter Secretary