Connecticut Chapter, Employee Assistance Professionals Association (EAPA)

Message from the President
Guns, Kids and Schools

Every generation has its defining and polarizing issues. It seems that we’ve lived through civil rights, Viet Nam, women’s rights... wars, protests and riots. Over and over came the similar issues but with different names over the decades. Today however it’s not about opposing the government, nor the disparity between rich and poor and not even about fighting for the lives of those afflicted with disease. Its children killing children. The recent event in Parkland is yet another cry for help in an ailing society. The answer will not lie in politics. It can’t be fixed quickly with gun control. No one on either side wants to see children die.

That being said, the debate plays out passionately in the media, in the home and in the workplace. EA providers are not exempt from our own opinions or our decisions on where we shop and who we vote for. “Professional” is in our name and counted on by those we service. I’ve asked myself if I could be an EAP at an arms company. Yes I could, just as much as I do now in a major company that makes military hardware used for war. After the February meeting, I reached out to the South Florida Chapter and as of yet, heard nothing back. I’ll take that as they’re still holding their own. We, as the members of EAPA, have a

Welcome to the CT EAPA Newsletter!

Please feel free to contact me if you would like to post information of interest to our membership and friends of the Chapter. This may include job openings, trainings, brief announcements, etc.

Thanks and hope you join us at a meeting!

- Bud Wassell, CEAP, Membership Chair, 203-688-2280 or bud.wassell@ynhh.org
Chapter Officers

President: Dan Boissonneault, SAP, LAP-C, CEAP  eap700@comcast.net
LPC, CEAP bud.wassell@ynnh.org
Vice President: Bud Wassell, MS, LPC, CEAP
Treasurer: David Francis, MS, LADC, LPC, CEAP  dfrancis@uchc.edu
Secretary: Julia Latimer  jlatimer@crchealth.com
Labor Representative: Jason Bannon, LAP-C  bannon.jason@yahoo.com
Immediate Past President: Rebecca Harris, MS, LPC, CEAP  Rharris@solution-eap.com

Speaker Schedule:

March 15 - The ROI of Teaching Stress Management and Resilience in your Organization, presented by James Porter, StressStop.com

April 19 – Organizing the Country, One House at a Time, presented by Gretchen LeBlanc

May 17 – Mental Health First Aid, presented by Heather Clinger, MPH, CPS, Wheeler Clinic

June 21 – Annual Conference, “Plugged in: The Good, the Bad, & the Ugly of the Information Super Highway on the Workforce

Our CT Chapter meetings are held on the 3rd Thursday of the month, 8:30 – 11:00am at Gaylord Hospital, Chauncey Conference Center

CT Chapter EAPA MINUTES: February 15, 2017

1. Called to order Dan 9:00.

2. Introductions Members and Guest Introductions-sign in

3. Officer Report

- Dan Boissonneault, CEAP  President: Present
- Bud Wassell, LCSW  Vice President: Not Present
- David Francis  Treasurer: Not Present
- Julia Latimer  Secretary and Membership Chair: Present
- Jason Bannon, LAP-C  Labor Representative: Present
- Rebecca Harris, MS, LPC, CEAP  Immediate Past President: Present

President Report- Dan. – Welcomed everyone. Motion to accept last month’s minutes. Passed. Discussed Name Tags and thanked Gary Alger for updating. Discussed presidents Newsletter. Discussed national EAPA Technology and Virtual Meetings. The Colorado Chapter held an online meeting which utilized the ZOOM platform and was well received. Further exploration to bring such technology to CT Chapter meeting. Discussed National Board meeting in PHI. Discussion on EAP and the Opioid Crisis. Briefly discussed changes to EAPA national and reason for delay in chapter dues and attendance updates.

Vice President Report- Bud. – Not Present

Treasurer report- Dave F.  PLEASE SEE NEXT MONTHS REPORT-Dave Not Present to report

Julia secretary report- Gmail account ConnecticutEAPA@gmail.com and discussion on our sign in sheet and it is up to date, please look at contact information and make any changes directly to the sign in sheet. Discussed attendance sheet/dues and explained that the chapter has not yet received this month’s roster from EAPA National. Will update once received.

Labor Report- Jason Bannon- CT Labor Chapter awards luncheon scheduled for May. LAP Conference in Vegas in July. 30 PDH’s/CEU are available. Cost is roughly 400$.
President’s Note – continued
mission to remain “The Global Voice of Employee Assistance”.
Changing directions now, our June Conference planning people are on track to once again bring another stellar event. Now is the time to spread the word to find new folks to attend. This subject is a topic in every workplace. Like any other addiction it affects both directly and indirectly. The constant need for some people to be tethered electronically can lead to the neglect of a partner or child, job performance, safe operation of equipment and impact various types of navigation from driving to walking. Psychology Today had published an article on “nomophobia” in 2014. Their statistics quoted 66 per cent of adults suffer. In my experience, it’s gotten no better.

The next EAPA Town Hall meeting will be on March 15th from 3:00 to 4:00pm and I’ll have the dial in information at our monthly meeting. See you then!

Dan Boissonneault, CEAP, SAP, LAP-C
CT Chapter President
*****************************************

Join Now! Here’s how:
Log on to www.eapassn.org
Select JOIN NOW to complete an online membership application.

Download a membership application. Mail to EAPA, 4350 N. Fairfax Drive, Suite 410, Arlington, VA 22203. Or Fax to 703-522-4585

Telephone EAPA at 703-387-1000, ext. 334 to request an application.

For CT membership questions, contact Bud Wassell at bud.wassell@ynhh.org or call 203-688-2280.
Employee Assistance Professionals Association

Find us on the Web: www.eapassn.org
CT Chapter: www.cteapa.com

EAPA’s Mission: To promote the highest standards of practice and the continuing development of employee assistance professionals, programs and services.

Bulletin Board

Of Interest:
- Our members are welcome to join Jason Bannon at the CT Suicide Advisory Council meetings that are held on the 2nd Thursday of the Month. 9am-11am at The Armed Forces Reserve Center 375 Smith St., Middletown, CT

Please let us know if you have a training of interest to our membership. We’re happy to post it!

MINUTES CONTINUED

Past Presidents- Becky-Nothing to report-
Motion to accept officer’s reports-Accepted/Seconded. All in favor to accept moved to pass. PASSED.

4. Committee Chairpersons
Membership- Bud- Not present to report.
Newsletter- Bud- Not present to report
Hospitality- Karen –Not Present-Chapter thanked Iris MacLean and Brian Nash for this month’s refreshments. Trunk Combination: 37 11 21 – Paper goods.
Website- Bud–Not Present to report
Program Planning- Orlene Weyland to report for Carolyn. When a speaker is suggested we need Bio, CV, Objectives and Synopsis of program. Please bring forward any speakers.
March- James Porter Confirmed (thank you Bud).
April- Gretchen LeBlanc (Confirmed)
May- Tom Steam (Confirmed)

If anyone has suggestions for the spring speakers please let us know. Need Bio of Speaker and Topic for PDH. If we can submit speakers in advanced we can apply for PDH, several at a time, and save money. Please speak with Carolyn.

JUNE Conference Carolyn Singer- Plugged In: “The Good, The Bad, & the Ugly of the information Super Highway on the Workforce” Will start conference at 7:30am and end at 2pm. Zandri’s confirmed June 21, 2018. Topic Suggestion-Information Age and how it impacts people in the workplace. 4 Speakers confirmed, Dr. Paul Weigle morning keynote, Dr. Cardillo and Libby Timmons- EAPA national president elect, will be additional morning presentations. Dr. Greenfield scheduled for afternoon Key Note Speaker. Removed Panel Section due to time. Please see Vivien for exhibitor fees and to exhibit. Pricing for registration will be the same this year to continue to attract attendees. There will be CEU’s, LAPS credits, PDH’s etc.

PDH credit coordinator- Gary- PDH available today. If anyone has missed receiving a PDH, please let Gary know. Gary electronic list of Attendees and PDH requests, Julia to send Attendance Lists to Gary.

5. Old Business
No Old Business

6 New Business
Dan will reach out to Florida Chapter to support after recent events at High School in Parkland.
Announcements: Brett Corris will be speaking at an Upcoming Event in Fairfield County—April– will add to website. Brian LeBlanc-invited members to attend LAP conference.
New Member Harley Jelis announced new Evening IOP being offered in Danbury CT for First Responders. Contact Harley for more information hjelis@blueskybh.com
Granite Recovery Centers to Host Community Forum-March 26th, 7:30PM at the Ridgefield Playhouse in Ridgefield, CT.
Joys and concerns: Brian LeBlanc asked for thoughts while his Grandson enters the military.

7. Adjournment
9:43am.

Respectfully Submitted,
Julia Latimer, Secretary