



Connecticut Chapter, Employee Assistance Professionals Association (EAPA)



Message from the President

Direct from Minneapolis!

I'm writing this in Minneapolis from the 2018 EAPA Conference. Our own Connecticut Chapter was once again well represented with at least a half dozen members in attendance. We seem to travel well for being from such a small state. I've once again been elected to the Board for the next two years, thank you for both your faith and support.

There is a lot going on within EAPA these days and the future for this new Board will be full of new ideas that will need to be actionable as soon as possible. Select surveys will be sent out across the entire organization, our customers and partnering entities to assess who we are and where we want to be. EAPA is a member driven association and will work to remain so. That being said, if you find a survey in your inbox, please answer it. Feel free to be completely honest as this drives the future direction or could leave folks and how they identify their EA services behind.

The new Conference format was over a smaller footprint of time with a few of the traditional items removed. Some of the handoffs were

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NEXT MEETING

October 18, 2018

Topic: Transgender 101:

What's It All About?

8:30am –11:00am

Speaker: Jill Celentano and

Sandra Baltazar Tatroe,

LCSW

Location: Gaylord Hospital

Welcome to the CT EAPA Newsletter!

Please feel free to contact me if you would like to post information of interest to our membership and friends of the Chapter. This may include job openings, trainings, brief announcements, etc.

Thanks and hope you join us at a meeting!

- Bud Wassell, CEAP, Membership Chair, 203-688-2280 or bud.wassell@ynhh.org

Our last Holiday Breakfast! Mark your calendar for December 20, 2018 at Gaylord Hospital!



Speaker Schedule:

October 18 – Transgender 101: What It's All About.

- Presented by Jill Celentano with Sandra Baltazar Tatroe, LCSW

November 15 – Planning for Family Resistance

- Presented by Diana Clark, JD, MA, Turnbridge

December 20 – Holiday Breakfast – TBA

Our CT Chapter meetings are held on the 3rd Thursday of the month, 8:30 – 11:00am at Gaylord Hospital, Chauncey Conference Center

Chapter Officers

President: Dan Boissonneault, SAP,
LAP-C, CEAP eap700@comcast.net

Vice President: Bud Wassell, MS,
LPC, CEAP bud.wassell@ynhh.org

Treasurer: David Francis, MS, LADC,
LPC, CEAP
dfrancis@uchc.edu

Secretary: Julia Latimer
jlatimer@crchealth.com

Labor Representative: Jason
Bannon, LAP-C

bannon.jason@yahoo.com

Immediate Past President: Rebecca
Harris, MS, LPC, CEAP
Rharris@solution-eap.com

MINUTES – SEPTEMBER 20, 2018

Bud Wassell called the meeting to order at 9am and welcomed everyone back after the summer break.

Introductions were made and we were pleased to welcome any guests. Guests included Andrea, Nicole, Pat, and Shaneeta.

The Presidents Report was given by Bud in Dan's absence. Dan submitted the following: Welcome everyone back after our summer break and looking forward to a new year at CT EAPA. EAPA International Executive Board Elections have been completed and a new slate of officers have been elected with our very own Dan Boissonneault being re-elected to a Director at Large position, representing Labor.

Vice President Bud Wassell's report: Bud gave more info on the elections. For more info on the results of the election please visit EAPA's website.

Treasurer David Francis' report: Dave was pleased to announce that the income from the June conference was almost double what it has been from previous years. A full treasurer's report was distributed to the membership.

Secretary Julia Latimer's report was given by Jason in her absence: Jason emphatically stated that he makes a horrible secretary. Membership is at 77 Members at the present. Motion to accept the June meeting minutes made by Jason, seconded by Iris. Motion carried.

Labor Representative Jason Bannon's report: Jason welcomed everyone back and invited everyone to join the LAP meeting, following the CT EAPA meeting, for a presentation from Jim Porter at Stress Stop who exhibited at the CT EAPA June Conference.

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Join us for one of our outstanding breakfasts!

President's Note – continued

not smooth and it really felt a bit tight at times. Last year's survey wanted less cost as a major driver. You still only get what you pay for is an old New England saying that continues to resonate well.

If there was a theme to this year's Conference, I'd say that it was to consider bringing EAPA back to its roots of a workplace-based assessment and referral program. Conference on Demand is an economical way to catch the presentations and keynotes. The EAPA website also lists all of the virtual meetings that many Chapters and Branches are doing. There's a lot of moving parts and at times change is hard by the fact that it is change.

See you all on Thursday the 18th!

Best to all,

**Dan Boissonneault, CEAP, SAP, LAP-C
CT Chapter President**



Karen Reckmeyer, our Hospitality Chairperson and Becky Harris, Immediate Past President!

Join Now! Here's how:

Log on to www.eapassn.org

Select JOIN NOW to complete an online membership application.

Download a membership application. Mail to EAPA, 4350 N. Fairfax Drive, Suite 410, Arlington, VA 22203. Or Fax to 703-522-4585

Telephone EAPA at 703-387-1000, ext. 334 to request an application.

For CT membership questions, contact Bud Wassell at bud.wassell@ynhh.org or call 203-688-2280.

Bulletin Board

Employee Assistance Professionals Association

Find us on the Web: www.eapassn.org
CT Chapter: www.cteapa.com

EAPA's Mission: To promote the highest standards of practice and the continuing development of employee assistance professionals, programs and services.



Of Interest:

- Our members are welcome to join Jason Bannon at the **CT Suicide Advisory Council** meetings that are held on the 2nd Thursday of the Month. 9am-11am at The Armed Forces Reserve Center 375 Smith St., Middletown, CT

Please let us know if you have a training of interest to our membership. We're happy to post it!

To sign up for EAPA's weekly NewsBrief's go to www.eapassn.org

MINUTES – Continued

Committee Reports:

Membership- Bud stated that perhaps we should take a cue from the EAPA Chapter without Borders and explore virtual meetings as a way to bolster involvement and attract new members.

Newsletter- If anyone has anything for the newsletter please send it to Bud.

Website- If anyone has anything for the website please send it to Bud.

Hospitality- Karen asked for everyone to help out by picking a month to host the food and a signup sheet was passed around. The coffee is supplied by Gaylord and any expenses incurred for the food is reimbursed by the chapter. Please contact Karen if you would like to sign up.

Program Planning and June Conference- Carolyn reported on the June Conference and asked for folks to start thinking about possible topics for next year as well as a new venue to host the event. She also outlined what is needed for presenters so that we can obtain PDH credits: Short bio, synopsis, Title, and objectives. Carolyn also asked for people to think about having a marketing person and AV person for the June Conference. A conference Planning Checklist was passed out. Presently we have no presenters for the CT EAPA chapter meeting for Nov. and beyond. If anyone has any ideas please get them to Carolyn. The same needs apply so that we can obtain PDHs.

Old business- none

New business- Motion by Gary: "Whereas the CT Chapter EAPA has a large and growing budget surplus; I move that the CT chapter solicit volunteers for, and charge, an Ad-Hoc Committee to consider appropriate ways to utilize the Chapter's Treasury funds to promote and support the EA Profession at International, regional, and local levels, as well as the membership of the CT Chapter." Motion seconded by Jason. A vote was taken and the motion carried.

Meeting was adjourned at 10:03 am.

Respectfully submitted by Jason Bannon