

CT EAPA MEETING MINUTES 1/16/2025

1. Call to order

President Dave Francis called the meeting to order at 9:05 a.m.

2. Introductions - Dave asked the attendees to talk about a personal or professional goal they have for 2025.

3. Officer Reports

President's Report - Dave Francis

Dave commented that he appreciates the support the group provides one another through the challenges of life. He reminded the group that EAPA International is offering "Free Friday" workshops which are a great opportunity to earn PDHs. Last Friday the workshop was on "Retirement in the EAP field" which may be relevant to some of our members. The workshops are not currently being recorded.

Carolyn said she has attended many of the Free Friday workshops and has found the topics interesting and agreed they are a great way to get PDHs.

MaryAnn asked if anyone knew if "Oasis" credits might be accepted as PDHs for CEAPs. Dan said you need to ask up front if they are accepted; anything that has been approved for CEUs is usually accepted by EAPA International. They will also accept trainings that you have facilitated yourself. All of our CT EAPA meetings are PDH approved.

Vice-President – Sean Marcil

Nothing to report.

Secretary/Treasurer – Kelly Huffman

Kelly commented that she has received several email inquiries about joining EAPA International/CT EAPA. Some are considering Organizational Memberships; she reminded anyone who joins as an Organization to also join the CT Chapter. She recently received an email informing us that EAPA International will be transferring \$300 to our chapter to reflect collection of Chapter dues.

The Chapter members donated \$470 to CT Foodshare, which the Chapter matched, for a total of \$940. We also sent a donation of \$200 to Gaylord in recognition of the fact that they provide space for our monthly chapter meetings.

For December, the starting balance was \$17,153.42, deposits were \$585.00, and expenses were \$1058.94, leaving us with an ending balance of \$16,679.48.

Labor – Chris Jackson

No report

Immediate Past President – Dan Boissonneault

Dan informed the Chapter that today is Rosalyn Chao's last day at EAPA International. Rosalyn has been the Director of Membership, Association, and Research.

Membership – Bud Wassell

Please make sure you join the CT Chapter if you are joining as an organization. Carolyn commented that Andrea and Associates was the first organizational member for our Chapter.

Program Chair – Carolyn Singer

Carolyn has PDHs for today's presentation. She is still looking for speakers for February, March and April. Jay Lasser gave her the name of a Psychiatrist from Yale who may be able to speak about Cannabis Hyperemesis Syndrome. Chapter member Kathy Daniels may be able to speak about Art Therapy. If you recommend a speaker, she needs their name, bio, objectives and a brief synopsis of the presentation for her to apply for PDHs. She thanks Liz Guerra-Walker for recommending the speaker for today.

Nicole has left the field which is a loss for the conference co-chairs. The conference will be on Veterans/First Responders on May 8th, 2025, at Masonicare. It will be 8 am – 2pm and will offer 4 PDHs. We will have a hot breakfast and lunch. We are looking at two tiers of sponsorship. The committee has secured several speakers.

Maryann reported on the status of the conference planning. Tom from Swift River has agreed to step in to assist in Nicole's place. The conference co-chairs have a meeting on Tuesday, January 21st.

Kelly commented she needs to know the cost of the conference and exhibitors as she is working on a new platform to register and pay online. Carolyn commented that the meal costs are going up at Masonicare, she is awaiting confirmation on the new prices, so we may need to have a modest increase in the attendee costs. Maryann is hoping we can secure some sponsors to help offset the cost of the conference. Dave commented that the conference is the major fundraiser for the Chapter.

4. Old Business: None

5. New Business:

The speaker scheduled for today's meeting cancelled at the last minute due to illness. We will try to reschedule his presentation for another date. The approved PDHs are good for one year.

Andrea asked if it is possible to have 2 hours of PDHs at once. Carolyn said we have done that in the past and have shortened the business meeting to accommodate.

Dave commented that we will have to be more thoughtful about offering scholarships to the conference this year, due to our financial situation.

6. Adjournment 9:55 a.m.

Respectfully Submitted,

Kelly Huffman, Chapter Secretary